

# UWPXC FALL 5K

(Formerly WI/IL Border War)

**DATE:** Saturday, November 11th      **SITE:** University of Wisconsin-Parkside, Somers, WI

**Time/Distance:** 10:30am - 5 Kilometer (12 &U, 13-18, Open & Masters)

**COURSE:** The UW-Parkside course is the standard UWPXC 5K Course, not the JR 5K that was run at the high school races this fall. The Foot Locker Cross Country Midwest Regional will be held on this course on November 25th

**LONG SLEEVE T-SHIRTS:** Long sleeve t-shirts will be given to all entrants registered on or before Monday, November 6th. Late registrants will receive t-shirts will the supply lasts.

**BORDER WAR SINGLETS:** We do have a limited number of cool Wisconsin & Illinois Border War Singlets left from past years. We will be selling those for \$5.00 each race until they are sold out.

**AWARDS:** Medals go to the top three M&F in the 12 & U, 13-18, Open (Under 40) & Master's (40+) divisions of the 5K Race.

**ENTRY FEE:** \$15.00 (on or before November 1<sup>st</sup>)      \$20.00 (on or before November 8th)      \$25.00 (Late and race day)

You may register online at: [www.wisconsinrunner.com](http://www.wisconsinrunner.com). (Online registration powered by Active.com)

Race day packet pickup and registration opens at 9:00am.

**TIMING:** Timing will be provided by Wisconsin Runner Timing Systems.

**PARKING:** Please Park in the UW-Parkside Communication Arts lots. **DO NOT PARK** in Petrifying Springs lots – you will be ticketed!

**FURTHER INFO:** Go to [www.wisconsinrunner.com](http://www.wisconsinrunner.com)

**All race proceeds go directly to help fund the UW-Parkside Cross Country team and the UWP XC course.**

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**WAIVER:** In consideration of the acceptance of my entry in UWPXC Fall 5K on Saturday November 11, 2017, I release the University of Wisconsin-Parkside, The Board of Regents of the University Wisconsin System, its employees, and agents and other presenting or supporting sponsors and any other groups or individuals whom are associated with this race in any manner, from any liability or claims for injury, illness or loss of life, that I sustain from participation in this event. I understand that this release applies to personal representatives, my heirs, assigns and me. I represent that I have sufficiently trained to participate in this race, that a licensed medical doctor has verified my physical condition and that I recognized that risks of injury accompany such participation. I acknowledge that the persons in permitting me to participate are relying upon this release. I also attest that I am at least eighteen years old and if not, by legal guardian have signed this waiver as well as myself. Furthermore, I grant full permission to any or all foregoing to use photographs, videotapes, motion pictures, recordings or any other record of this race for any legitimate purpose.

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Last Name	First Name	Middle Initial
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Address	City	State	ZIP
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Telephone	Email
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Birthdate	Age Race day	Gender	t-shirt size (please circle):	Youth MD	Youth LG	SM	MD	LG	XL	XXL
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Signature of entrant	Signature of Parent/Guardian if under 18	Date
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Please enclose nontransferable or refundable entry fee \$15.00 (on or before 11/1), \$20.00 (on or before 11/8) or \$25.00 (late and race day).

Make checks payable to: UW-Parkside Cross Country. Mail entries to: Wisconsin Runner, P.O. Box 1346, Racine, WI 53401