



# COACH MEET & GREET SUMMER CLASSIC

**DATE:** Saturday, August 3

**SITE:** Wayne E. Dannehl National Cross Country Course

**TIME/DISTANCE:** 4:30 p.m.-3K | 5:00 p.m.- 5K

**COURSE:** The Coach Meet & Greet Summer Classic will be conducted on the Wayne E. Dannehl National Cross Country Course. This course will be used this fall for the Rangers home meets, the Big East Championships and the Foot Locker XC Midwest Regional Meet.

**T-SHIRTS:** T-shirts will be given to all entrants registered on or before Monday, July 29. Late registrants will receive a t-shirt while supplies last.

**MAKE YOUR OWN ICE CREAM SUNDAE:** We will have a Ice Cream Sundae Bar for all entrants to make their own sundaes after the race. The race staff will scoop up the ice cream and the entrants can add the toppings of their choice. Spectators may purchase sundae tickets on race day

**AWARDS:** Medals will be presented to the top five male and female entrants 12 & Under, 13-17 and 18 & Over in the 3K. Medals will be presented to the top five male and female entrants under 18, the top five male and female entrants 18-40 and top five entrants male and female 40+ in the 5K. All NCAA rules apply to collegiate athletes.

**ENTRY FEE:** On or before August 1: \$15 for 17 and under, \$20 for 18 and older. Race day fees: \$20 for 17 and under, \$25 for 18 and older.

**TIMING:** MyLaps bib timing will be provided by Wisconsin Runner Timing Systems.

**PARKING:** Use the Communication Arts lots at the University. **DO NOT PARK** in the Petrifying Springs lots as you may be ticketed.

**FURTHER INFO:** Go to [www.wisconsinrunner.com](http://www.wisconsinrunner.com) or [www.parksiderangers.com](http://www.parksiderangers.com).

For registration/course information email questions to Pete Henkes at [henkes@uwp.edu](mailto:henkes@uwp.edu)

For Parkside Cross Country and Track & Field program information, contact Coach Carly Fehler at [fehler@uwp.edu](mailto:fehler@uwp.edu).

All race proceeds go directly to Parkside Cross Country and the Wayne E. Dannehl National Cross Country Course. Come join us for an evening of old school XC. **XC DOES NOT GET ANY BETTER THAN THIS!**

**WAIVER:** In consideration of the acceptance of my entry in the Coach Meet & Greet Summer Classic on Saturday, August 3, 2019, I release the University of Wisconsin-Parkside, The Board of Regents of the University System, its officers, employees, agents and other presenting sponsors or supporting sponsors and any other groups or individuals whom are associated with this race in any manner, from any liability or claims for injury, illness or loss of life, that I sustain from participation in this event. I understand that this release applies to personal representatives, my heirs, assigns and me. I represent that I have sufficiently trained to participate in this race, that a licensed medical doctor has verified my physical condition and that I recognized that risks of injury accompany such participation. I acknowledge that the persons in permitting me to participate are relying upon this release. I also attest that I am at least 18 years old and if not, my legal guardian have signed this waiver as well as myself. Furthermore, I grant full permission to any or all foregoing to use photographs, videotapes, motion pictures, recording, or any other record of this race for any legitimate purpose.

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_ Office Code \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone ( ) \_\_\_\_\_ Email \_\_\_\_\_

Birthday \_\_\_\_\_ Age (Race Day) \_\_\_\_\_ Gender \_\_\_\_\_ T-shirt size (Circle): Youth MD SM MD LG XL XXL

Signature of Entrant \_\_\_\_\_ Signature of Parent/Guardian if under 18 \_\_\_\_\_ Date \_\_\_\_\_

**PLEASE ENCLOSE NONTRANSFERABLE OR REFUNDABLE PAYMENT AS LISTED ABOVE UNDER ENTRY FEE. MAKE CHECKS PAYABLE TO: PARKSIDE CROSS COUNTRY. MAIL ENTRIES TO PARKSIDE ATHLETICS, ATTN: PETE HENKES-ATHLETICS: P.O. BOX 2000, KENOSHA, WI 53151-2000.**