

Horlick Rebel Invitational

Saturday, September 2, 2017

Site/Admission: Wayne H. Dannehl National Cross Country Course - University of Wisconsin-Parkside.
4000 Petrifying Springs Road, Kenosha, WI 53144
The admission fee for adults is **\$5.00**. No dogs or drones are allowed at the race site on meet day.

Format:	JV Girls 4000m	unlimited entries	9:30 AM	Medals 1-10
	Freshman Girls 4000m (run with JV)	unlimited entries	9:30AM	Medals 1-10
	Freshman Boys 4000m	unlimited entries	10:10 AM	Medals 1-10
	Varsity Girls 4000m	run 8	10:40 AM	Medals 1-25
	Varsity Boys 5000m	run 8	11:15 AM	Medals 1-25
	JV Boys 5000m	unlimited entries	11:45 AM	Medals 1-10
	Open 4000m	signed waiver required (no HS)	12:15 AM	

Open Race: The Open Race is open to all non-high school runners. There is no entry fee. Participants must sign a waiver in the administration building. They will receive a race number at that time.

Records:	Boys 5k	15:36.9	Dustin Macuiba	Warren Township	2015
	Girls 4k	14:33	Heather Olson	Warren Township	2008
	9 th Boys 4k	13:19	Patrick Burns	Lake Zurich	2014

Parking: All busses, team vehicles & spectators should come in on Highway E and then turn onto Highway JR to access the UW- Parkside parking lots east of the course. There is no participant drop off on Highway JR.
No parking allowed in any of the Petrifying Springs parking lots – this includes teams, coaches and spectators. The Kenosha County Sheriff Department has been and will be ticketing anyone violating this policy!
Handicap Parking (with Permit) is allowed in the lot immediately North of the course on HY JR.

Tents: All team tents should be placed along side and behind the finish line. Meet staff will direct you to a spot.
Teams may not set-up team camps in Petrifying Springs Park nor can we use the restrooms in the park!

Course: New JR5K Course: The wear and tear caused by the number of high school meets and the number of HS teams practicing on the 5K course has resulted in serious wear problems on the UWPXC course. Therefore UWP devised a new high school 5k course which is named the JR5K. It is basically the 4K course until just before the 2M mark. It then follows the regular 5K course in reverse and finishes like the 4K/8K. The seven regular season high school meets this season, including the D1 Sectional, will be run on the new JR5K course. The **4K Course** is the standard 4K course. A countdown clock is located behind the starting line. Split clocks at the 1M, 2M & 3M marks.
Once the races have started, warm-ups on the course are limited to following the race in progress. You may not warm-up randomly on the course during the race in progress.

Timing and Scoring: Wisconsin Runner will be doing the timing and scoring for the meet using the state-of-the-art MyLaps chip timing. Results will be posted to: <http://wisconsinrunner.com/parkside/> during the meet.

Starting boxes (south to north)

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| 01. Lake Zurich (B) | 13. Ronald Reagan |
| 02. Union Grove | 14. West Bend West |
| 03. Wilmot Union | 15. Prairie Ridge |
| 04. Elkhorn | 16. Kenosha Tremper |
| 05. Oconomowoc | 17. Lake Mills |
| 06. Notre Dame Academy | 18. Northside College Prep |
| 07. Racine Park | 19. Waterford |
| 08. Libertyville | 20. Hononegah (B) Waukesha West (G) |
| 09. Oswego | 21. Zion-Benton |
| 10. Antioch | 22. Warren Township (B) Waukegan (G) |
| 11. Racine Case | 23. Racine Horlick |
| 12. Badger | 24. Marquette (B) |

UW-Parkside Building: The UW-Parkside PE Building is off limits to our group.

T-Shirts: Shirts will be sold for \$ \$10.00