

**LUCIAN ROSA CROSS COUNTRY INVITATIONAL**  
**SATURDAY, SEPTEMBER 22, 2018**  
**Men's 8K- 10:30am Women's 6K- 11:15am**

No team entries will be accepted race day and there will be no refunds for scratches.

In the collegiate team division, all athletes must be varsity competition eligible. Red-shirts, individual club athletes and unattached runners must enter via the open entry form. Collegiate and Open Division runners compete in the same race. Club teams will not be scored.

**Open entries:** There is an open division that anyone can enter. Open entrants must use the separate open entry form. The entry fee for open runners is \$25 per runner through race day. Open runners may register up to 9:45am on race day.

**Packet Pick-up:** You may pick up your packets at registration which opens at 8:30 on Saturday, September 22nd at the UWPXC course finish line building.

**Course:** UW-Parkside has developed a unique National Cross Country Course located on the rolling and wooded 700-acre campus between Kenosha and Racine in southeastern Wisconsin. An excellent course for runners, it was the site of the NAIA National Cross Country Championships from 1976 through 2002 (with exception of 1980). The UWP course was the site of the NCAA Division II National Meet in 1980, '83, and '97 and the 1992 TAC Nationals. The GLVC, CCIW, Horizon League and the Big East have all recently hosted their championships at UWP. The course is well marked with directional signs and distance markers every quarter-mile. It is not a golf course, but rather a true cross-country course that winds through a variety of terrains. The layout offers numerous opportunities for coaches and spectators to see the runners since they pass near the starting line at the 1  $\frac{3}{4}$ , 2  $\frac{3}{4}$ , and 4  $\frac{1}{4}$  mile marks. The finish, which is only 100 yards from the starting line, can accommodate over 500 runners. The course is open for inspection daily. **NO VEHICLES ON THE COURSE AT ANY TIME.**

**Course maps:** Course maps are posted on: <http://wisconsinrunner.com/parkside.html>

**Scoring:** The top seven runners will score, eighth and above will be displaced and scored as individuals. Wisconsin Runner will be timing and score meet via the **MyLaps** disposable chip system in conjunction with Finish Lynx **Ether Lynx Photo Finish** and **Identi Lynx Video** cameras.

**Results:** Results will be posted to [www.wisconsinrunner.com](http://www.wisconsinrunner.com) shortly after the completion of each race. Start lists will be posted to the same site prior to the meet.

**Awards:** The top 25 runners in each race will receive t-shirts.

**Concessions:** An extensive variety of concessions will be on sale at the finish line building on the course.

**Facilities:** Lockers and showers are available in the Sports & Activity Center. You must provide your own towels, locks and security. Please notify meet director Peter Henkes via email by September 18<sup>th</sup> if you will be utilizing the locker room facilities post- race.

**Parking:** Parking is not permitted on the course, country or campus roads. **XC parking is not allowed in any of the Petrifying Springs Park lots. Violators will be ticketed!** Please utilize designated UWP lots. Please do not drop off teams on HY JR – there is no stopping or parking allowed on this road. Go directly to the UWP parking lots and walk down to the course.

**Admission:** There is an admission fee of \$5.00 for adults. There is no fee for children, students and seniors.

**Site Rules:** No dogs are allowed on the UWPXC Course race day. No drones are allowed on site. Ball or Frisbee throwing is not allowed on the course race day.

**Tents:** Tents may only be erected on the Wayne E. Dannehl National Cross Country course grounds in designated areas. Petrifying Springs Park does NOT allow tents.

**Lodging:** For hotel and other local information go to: [www.parksiderangers.com](http://www.parksiderangers.com) or [www.kenoshacvb.com](http://www.kenoshacvb.com)

**Contact Information:**

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