

Metro Classic Conference Cross Country Meet
Thursday, October 15, 2020

UW-Parkside - Wayne Dannehl National Cross Country Course
Course Address: 4400 Petrifying Springs Road, Kenosha, WI 53144

<u>TIME SCHEDULE:</u>	3:15 p.m..	Course Open
	4:30 p.m.	Boys Race
	5:00 p.m.	Girls Race
		NO AWARD CEREMONY

SPECIAL COVID-19 CONSIDERATIONS

- 1) Spectators – Spectators should arrive as late as possible and leave the site immediately after the conclusion of the meet. Admission fee - \$5 per spectator (no age exceptions) – card payment is preferred. Anyone who leaves the site will not be allowed to re-enter.
- 2) Masks – everyone MUST wear a mask at all times before, during and after the event. Runners may take their mask off while running. Coaches and all event/team personnel should keep masks on at all times if possible. Social-distancing should be encouraged throughout the course.
- 3) PARKING:
 - a) **Use UW-P Parking Lots** --- All teams & spectators should come in on Highway E and then turn onto Highway JR to access the UW-Parkside Physical Education or Communication Arts parking lots east of the course. **There is no participant drop off on Highway JR.**
 - b) **No parking allowed in any of the Petrifying Springs Park parking lots** – this includes teams, coaches and spectators. Please inform your fans of this information as well.
 - c) Handicap Parking (with Permit) is allowed in the Parking Lot immediately North of the course on Highway JR.
- 4) Team Entry onto site: All team coaches and participating athletes must enter the site as a complete group. Every athlete must bring their own water bottle – **DO NOT SHARE WATER BOTTLES**. Every team must bring their own hand sanitizer. **NO TENTS ARE ALLOWED**. Teams will have a designated area behind the finish line. This area is restricted to competing athletes, coaches and officials. This is where athletes leave their gear bags and water bottles. Social distancing in your team area should be practiced. Athletes, coaches and officials should wear masks in this area. No team coolers or team-supplied beverages or food is allowed.
- 5) All warmups and cooldown running MUST be done on the Parkside course. Athletes should be in the designated team area when they are not warming up, racing, or cooling down. Athletes should not be mingling with spectators. **ATHLETES SHOULD NOT GATHER AND CHEER FOR THEIR TEAMMATES ALONG THE FENCE OR STRAIGHTAWAY TO THE FINISH LINE.**
- 6) Check-in/Start/Finish: Teams must check in with officials in the team area 10-20 minutes prior to the start of their race. At 6 minutes they will be sent to the starting line. Athletes may NOT bring any extra clothing or bottles to the starting line. Teams will run the first 400 meters in coned alleys. Athletes will be safely given water by meet management at the completion of their race.

COURSE: We will run the original 5k course.

ENTRY: All runners of each gender will run in one race – coaches declare which seven will count for Varsity scoring purposes. Each school may run an unlimited number in each race, but only the designated 7 finishers will count for Varsity team score. The extra runners will be considered JV and will be scored separately

AWARDS: Medals to top 10 finishers in Varsity races – those runners are designated as the Metro Classic Conference All-Conference team. NO AWARD CEREMONY IN 2020.

Results will be posted to: <http://wisconsinrunner.com/results/2020MetroClassicConference.php>

There will be a concession stand run by UW-Parkside on the course throughout the day. Concession sales are cash only.

The WIAA rule is that there should be NO DOGS, NO DRONES at CC Meets – please inform your fans of this policy again this year.