

Starting Boxes—St. Joseph Lancer Invitational-2020

ALLEY 1

- #1 Dominican**
- #2 Sheboygan Area Lutheran**
- #3 Kenosha Christian Life**
- #4 The Prairie School**

ALLEY 2

- #5 Living Word Lutheran**
- #6 Heritage Christian**
- #7 Shoreland Lutheran**
- #8 Kenosha St. Joseph**

ALLEY 3

- #9 Ozaukee**
- #10 DASH**
- #11 Westosha Central**
- #12 Brookfield Academy**

Teams will have a designated team area behind the finish line. This area is restricted to competing athletes, coaches and officials. This is where athletes leave their gear bags and water bottles. Social distancing in your team area should be practiced. Athletes, coaches and officials should wear masks in this area. No tents, team coolers or team supplied beverages or food is allowed.

Teams must check in with officials in the team camp area 10-20 minutes prior to the start of their race. At 6 minutes they will be sent to the starting line. Athletes may not bring any extra clothing or bottles to the starting line.

Each starting box is 6 meters wide with a 2 meter space between boxes. Teams will run the first 400 meters in coned alleys.

Athletes will safely be given water by meet management at the completion of their race.