

St. Joseph Lancer Invitational

UW- Parkside National Cross Country Course

Wednesday – September 2nd, 2020

SITE: Wayne H. Dannehl National Cross Country Course - University of Wisconsin-Parkside.
4400 Petrifying Springs Road, Kenosha, WI 53144
No drones, athletic balls, Frisbees or dogs are allowed at the race site on meet day.

SPECTATORS: Only 25 spectators are allowed per school. You must contact and prepay your school's coach or athletic department to be put on the meet admission list. UW-Parkside event staff will have the list at the entrance. Spectators' names must be on the list. **Absolutely NO SUBSTITUTIONS or LATE ADDITIONS. The List is final.**
Spectators should arrive as late as possible and leave the site immediately after the conclusion of the meet. There may be a Kenosha Country curfew starting at 7:00pm.
Social distancing at the finish line and throughout the course is encouraged.

MASKS: Everyone **MUST** wear a mask at all times before, during and after the event.
Runners may take off their mask while running. Coaches and all event/team personnel should keep masks on at all times if possible.

PARKING: All buses, team vehicles & spectators should come in on Highway E and then turn left onto HY JR to access the UW- Parkside Physical Education or Communication Arts parking lots located off of Hwy JR east of the course. **There is no participant drop off on Highway JR.** No parking is allowed in any of the Petrifying Springs parking lots – this includes teams, coaches and spectators. Handicap Parking (with Permit) is allowed in the lot immediately North of the course on HY JR.

TEAM SITE ENTRY: All teams' coaches and participating athletes must enter the site as a complete group. Every athlete must bring their own water bottle. **DO NOT SHARE WATER BOTTLES.** Every team must bring their own hand sanitizer. **NO TENTS are allowed.** Teams will have a designated team area behind the finish line. This area is restricted to competing athletes, coaches and officials. This is where athletes leave their gear bags and water bottles. Social distancing in your team area should be practiced. Athletes, coaches and officials should wear masks in this area. No team coolers or team supplied beverages or food is allowed.

TIME SCHEDULE:

3:00 pm	Site opens
4:20 pm	Boys Varsity 5K Race – unlimited entries
5:15 pm	Girls Varsity 5K Race – unlimited entries

NO AWARDS AWARD CEREMONY / Medals will be mailed to the schools

AWARDS: Trophies for the **Top 2** - Boys and Girls Teams
Medals for individual place finishers **1-15** in both Races

UWP 5K COURSE: The course is the original UW-Parkside 5000 meter course.

RESULTS : Results will be posted to: <http://wisconsinrunner.com/results/2020StJoeLancerInvite.php>