



MONONA GROVE CROSS COUNTRY INVITATIONAL

Location: Monona Golf Course 111 E Dean Ave, Madison, WI 53716

Date: Saturday, September 9, 2023

Entry Deadline: Thursday, September 8th at Noon

High School: <https://wi.milesplit.com/meets/567341-monona-grove-invitational-2023>

Middle School: [WR MiddleSchool_entry.xls](#)

Information: The Monona Grove High School Athletics Department, Middle and High School Cross Country Teams, and Cross Country Booster Club would like to invite you and your runners to the second annual **Monona Grove Cross Country Invitational** at the beautiful Monona Golf Course! Located between Monona and the east side of Madison, we are hoping to attract local teams for a great morning of fun and competition for middle and high school runners alike. If you would like to join us, please see the information below. We hope to see you there!

**Participating
Schools
& Lane
Assignments:**

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| 1. Edgerton | 9. Monona Grove |
| 2. Lakeside Lutheran | 10. Madison East |
| 3. Milton | 11. Milwaukee Lutheran |
| 4. Milwaukee Juneau | 12. Wauk. North (Girls) / Wis. Lutheran (Boys) |
| 5. Verona (Boys) / La Follette (Girls) | 13. Belleville |
| 6. Janesville Parker | 14. Madison Country Day |
| 7. Southwestern/Benton/Cuba City | 15. Beaver Dam |
| 8. Stoughton | |

Schedule: 7:30 a.m. - Course opens for warmups
8:30 a.m. - Middle school race (boys and girls together)
9:00 a.m. - Boys varsity race
9:40 a.m. - Girls varsity race
10:20 a.m. - Boys JV race
11:00 a.m. - Girls JV race
11:40 a.m. - Awards ceremony

Entries: → Varsity teams consist of **8 runners**. The three runners after the first five runners from each team *can* displace runners scoring from other teams.

→ Junior Varsity is unlimited.

→ Middle School is unlimited.

Awards: The top 15 individuals in each HS varsity race will receive awards. The top two teams in both the varsity and junior varsity races will receive awards. The top five boys and girls finishers in 6th/7th (combined) and 8th grade will receive awards as well.

Cost: \$30 Middle School (Per School) \$10 individual entry
\$150 High School (Per Gender, \$300 for both Genders)

Course Information: The high school race features two loops alongside the greens of the Monona Golf Course. While mostly flat, the 5000m course features several gradual inclines and takes place entirely on grass. Team camps, meet headquarters, medical staff, concessions, and athlete restrooms will be located in the driving range. Spectator restrooms will be located in the clubhouse parking lot.

Course Map: Click here to view the [high school](#) course map.

The middle school course will include a single loop of the high school course.

Maps are subject to slight modification upon finalized wheeling of 5000m route.

Bus & Spectator Parking: We are asking that spectators park in the Monona Grove High School parking lot, which is one block north of the Monona Golf Course.

Busses can drop off teams and equipment at the entrance/parking lot for the Monona Golf Course on East Dean Avenue.

To decrease congestion, we are asking that busses then [take this route](#) to proceed to the Monona Grove High School parking lot.

Link to the latest meet information:

<https://docs.google.com/document/d/15NbPVcHPMK17FlvppXYFCfJwP06-lurcjVubZE7iGvk/edit?usp=sharing>